

## The Heart of It All: Creating Healing Relationships and Connections

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Feb 2023



## Objectives:

Learner will identify 3 ways to support children in healing.

Learner will demonstrate knowledge of how to support children to be active participants in their healing journey.

## How Do “DUSTBUSTERS” Stay Functional

Learn to Heal Themselves  
Engagement  
Relationship  
Positive Thoughts  
Opportunity  
Purpose,  
Support,  
Love,  
Connection

Understanding,  
Mindsets  
Possibility  
Spirit  
Imagine  
Nutrition,  
Rest,  
Intention



## Energy Transference


Ever had this happen to you? It's a tough world as a highly sensitive person



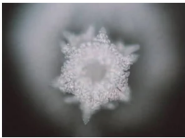


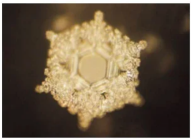
## Our Impact?



How deep and how wide?



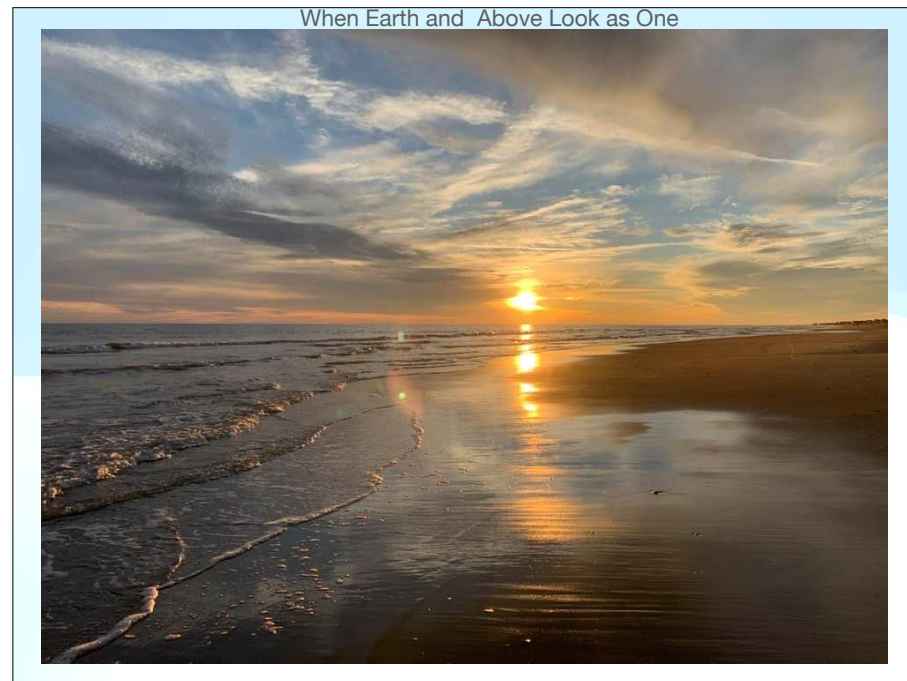
Water crystals research



Intention? What does it mean?



# Powerful Energy of Creator







Genetics  
Conception  
Fetal  
development  
Birth  
1 year  
2 years  
3 years  
4 years  
5 years  
6 years  
7 years  
8 years  
9 years  
10 years  
11 years  
12 years



**Never same since:**

Illness  
Shots  
Divorce  
Death  
Failure  
Cancer  
Humiliation  
Broken leg  
Fright  
Grief  
Ear infections  
**Manifest as:**  
Avoidance – sick,  
cry, blame, lie, etc.  
Perceptions  
Anger  
Just like grandma etc.



## Combined Stuff & Gifts

Generations



## Who Will They Become?

How long before they fly?



Are there root issues that need to be healed

Generational

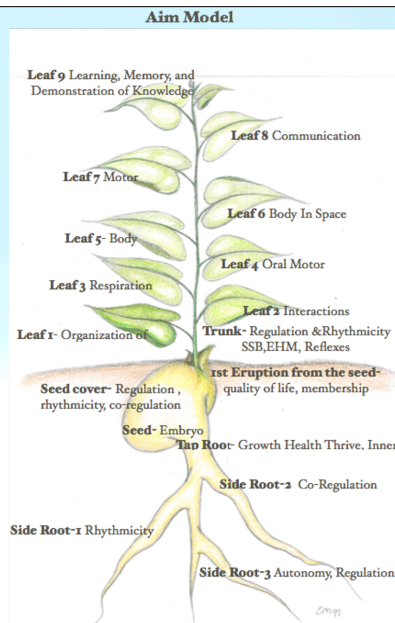
Birth issues

Beliefs

Injuries

Griefs

Traumas



## What is the Root Issue?

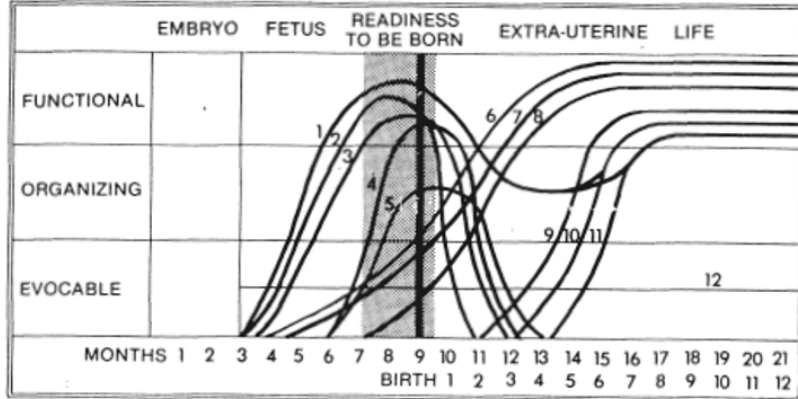
What is Holding them there?

Emotion, toxin, physical injury Etc.

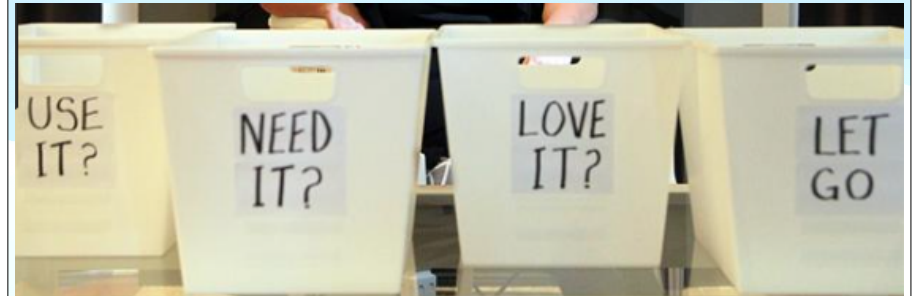




## FETAL AND NEONATAL MOTOR BEHAVIOR



- 1 = PLACING REACTION
- 2 = FETAL LOCOMOTION
- 3 = PROPULSION
- 4 = MORO
- 5 = ROOTING
- 6 = RESPONSE TO AUDITORY STIMULI
- 7 = RESPONSE TO VISUAL STIMULI
- 8 = HEAD POSTURAL CONTROL
- 9 = LANDAU R.
- 10 = ANTIGRAVITY SUPPORT ON HANDS
- 11 = ANTIGRAVITY SUPPORT ON FEET
- 12 = TENDON REFLEX



Watch What You Attach To:



Watch what you attach to

Memories  
Trauma  
Beliefs  
Genetics  
Etc



## USE your tools

???????

U have plenty



## Our Teachers - The Kids

### 1. Kids can be great self healers-

(Imagine with intension and change stress response)

PHOTO

### 2. Adopted at 10 with Hx of Trauma

Created the Lycra space as areas of his body where he felt issues

Put events, sensations in lycra

Moved through the layers wrestling with own body as he shifted and released

## "Felt safety."



"This means that we as practioners, we set up the relationship, expectations, environment, and activities so that a child can adjust their behavior so the child can feel in a profound and basic way that they are truly safe with us."

What do our kids connect to? Different with each one.  
How can they build "felt Safety" on the inside that they can come to daily?

## Therapeutic Use of Self

Play, shared attention, games, address their goals, appreciating, lifting up, see their gifts

A health care provider's use of verbal and nonverbal communication, emotional exchange, and other aspects of his or her personality to establish a relationship with the patient that promotes cooperation and healing.



Leave our agenda at the door when we connect

- Excitement,
- motivation,
- advice,
- feedback,
- anger,
- frustration,
- need to be right,
- fix, convince,
- shame,
- fear



Music

Motor

Play

Arts  
and Crafts

Relationship

We can connect by texting, air drop, email



How about connecting to Love?



Endless ideas-  
Just grab one



## Connect or Touch With Permission

Use healing Intentions

- What are you doing?
- What do we call it?
- When do we use it?
- Pressure?
- Placement?
- Give "LOVE"-
- Do not take trauma from someone with intention to fix them

## Transformation



## PROTECTION

Connect to Your Wi Fi ( Higher Power)  
We are not the Healer-  
Imagine Healing with you as a portal  
Fill with Love  
Connect to your spiritual heart- Drop in.  
Add more love  
Use the "Mail Box"  
Heart can be a portal to Spirit  
Connect to Love  
Expect healing



# Heart

The Heart is Spirit.

The Heart has own identity and memory

The heart is the most powerful source of electromagnetic energy in the human body, producing the largest rhythmic electromagnetic field of any of the body's organs

The heart's electrical field is 60x greater than the brain

Heart Energy can be detected all over the body

The magnetic field produced by the heart is more than 100 times greater in strength than the field generated by the brain and can be detected up to 3 feet away from the body, in all directions,

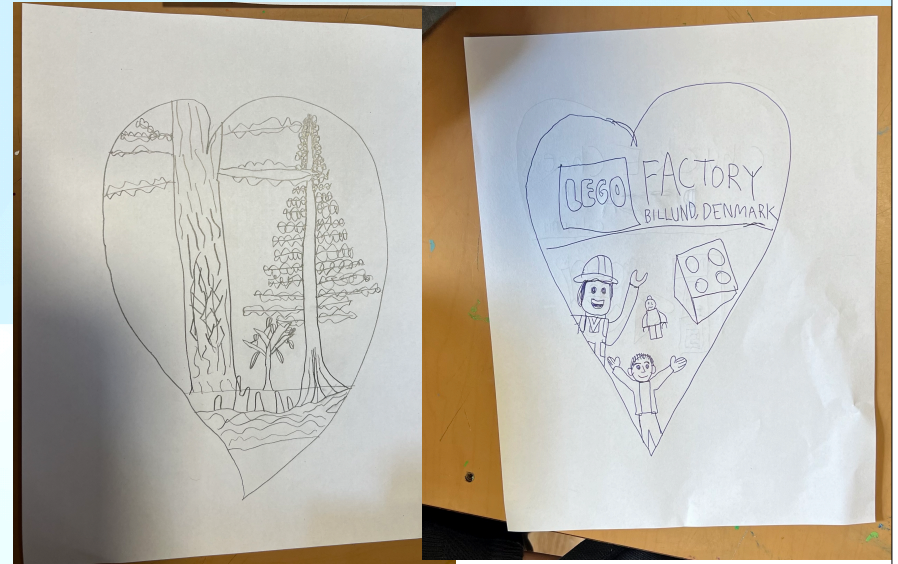
Heart Math

## Spiritual Heart

Place where one can easily disconnect from  
busy mind  
Heart is strong connection to spirit  
Keep your heart filled with light and Love



- Adopted
- Purple is Favorite Color
- In his bed
- Bubble gum
- Surrounded by love



Imagine





## LAB 1: Heart Space Creation

- a. Option to imagine, draw, form, build a favorite place in your heart that you can find "felt safety" and return to often.
- b. Connect to your heart
- c. Move in and out of heart

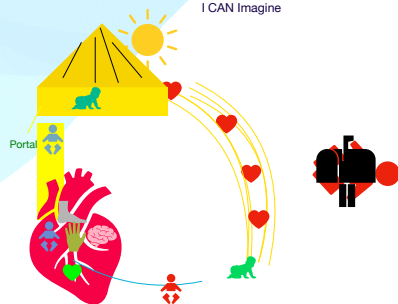


**Let your imagination be limitless!!!**

**Imagine that what is addressed, is changed and healed.**

**Place issues in your heart and the Child's**

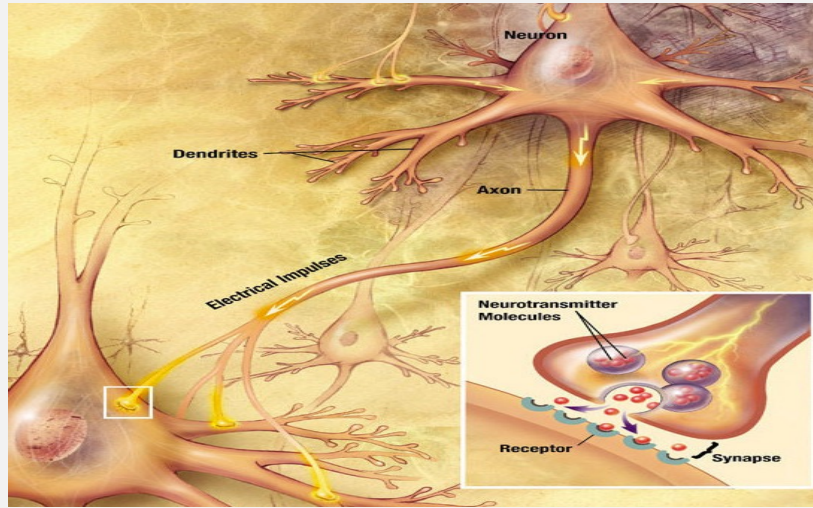
**Teach them to heal themselves!!!!**



**Eagle Eye on goal**



## “Will” makes the synapse happen



www.wikipedia.org

## ADL's

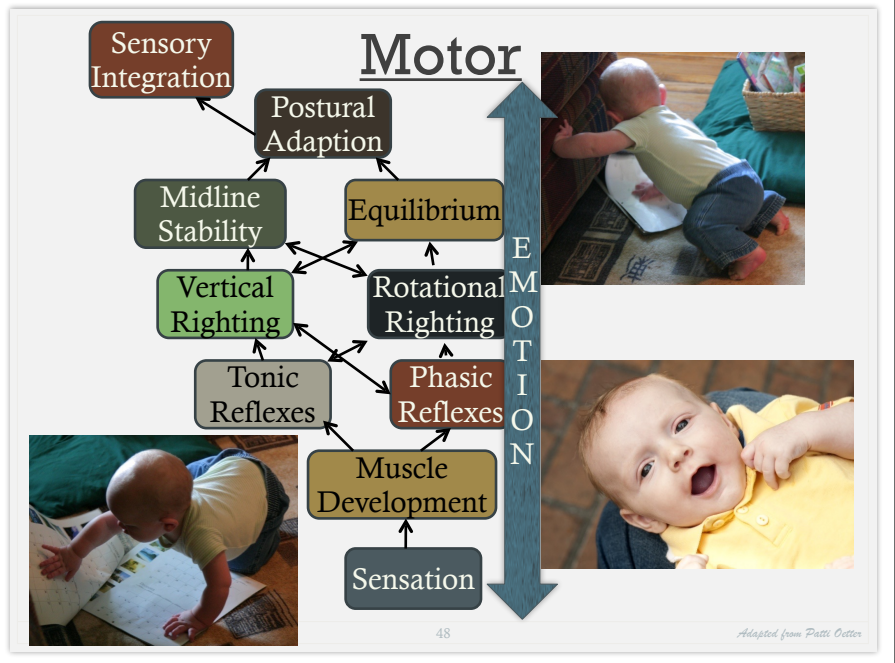
Independent? Support their goal?



What emotion is blocking progress

Brad Nelson-  
Healing Library

The Emotion Code™ Chart		
	Column A	Column B
Row 1 Heart or Small Intestine	Abandonment Betrayal Forlorn Lost Love Unreceived	Effort Unreceived Heartache Insecurity Overjoy Vulnerability
Row 2 Spleen or Stomach	Anxiety Despair Disgust Nervousness Worry	Failure Helplessness Hopelessness Lack of Control Low Self-Esteem
Row 3 Lung or Colon	Crying Discouragement Rejection Sadness Sorrow	Confusion Defensiveness Grief Self-Abuse Stubbornness
Row 4 Liver or Gall Bladder	Anger Bitterness Guilt Hatred Resentment	Depression Frustration Indecisiveness Panic Taken for Granted
Row 5 Kidneys or Bladder	Blaming Dread Fear Horror Peeved	Conflict Creative Insecurity Terror Unsupported Wishy Washy
Row 6 Glands & Sexual Organs	Humiliation Jealousy Longing Lust Overwhelm	Pride Shame Shock Unworthy Worthless



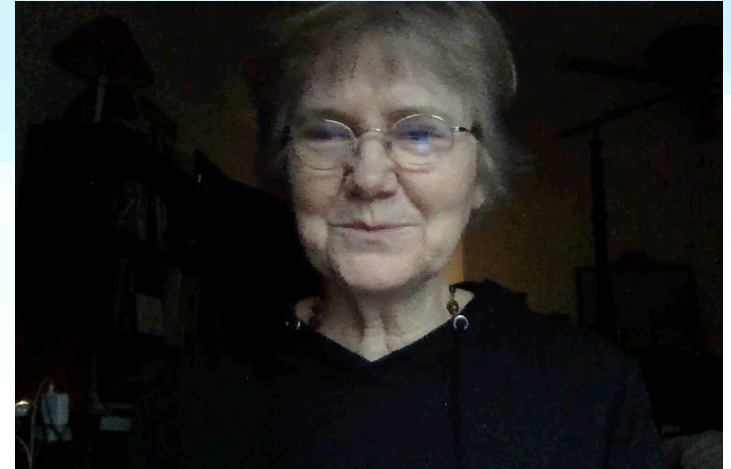




## Lab 2. Heart as a Healer- Imagine



a. Put something that needs support in your heart and imagine the changes



## Lab 2. Heart as a Healer- Imagine



b. Connect to another heart- Move the light out from your heart to another. Get in your Heart, Fill with love, connect to spiritual beliefs and partners, imagine the mailbox. Put another in the Mail box. Connect with person with love in the spiritual place.



Dr. Hew Len

Performed imagery and connection with criminal psych patients without being with them. Saw big changes.

James, Matthew B., "Ho'oponopono: Assessing the effects of a traditional Hawaiian forgiveness technique on

# Trauma

Production and re-uptake of neurotransmitters change:

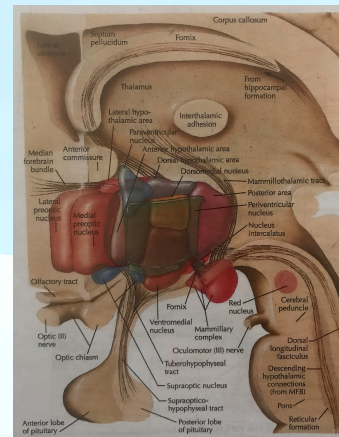
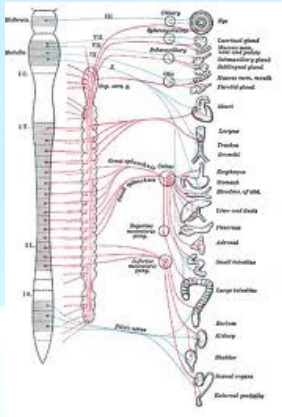
- Less ability to inhibit incoming sensory stimuli
- Stays in a heightened state of arousal - fight/flight/freeze mode
- Trauma memories are stored differently - sensations in the body
- Sensations are the only “memory” of the trauma
- Trauma leaves “raw data” in amygdala as somatosensory experiences

As amygdala regulates emotion, this results in increased sensitivity to even subtle sensory associations with traumatic events (Koomar, 2009)

# Implicit/Explicit Memory

- Explicit memory refers to conscious recollection of a specific experience from the past.
- Implicit memory refers to a change in behavior or performance that occurs as a result of prior experience without conscious recollection of that prior experience. A trigger.
- Implicit memory - only memory during 12-18 months of life.
- Implicit memory - unconscious, anticipatory of what may happen.

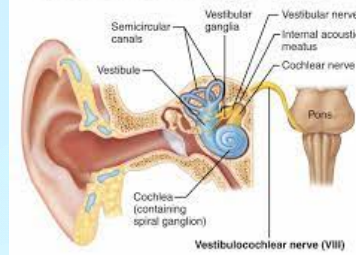
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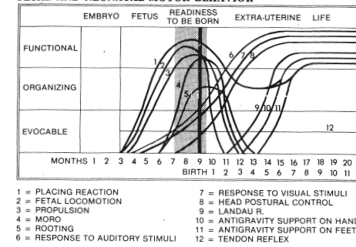


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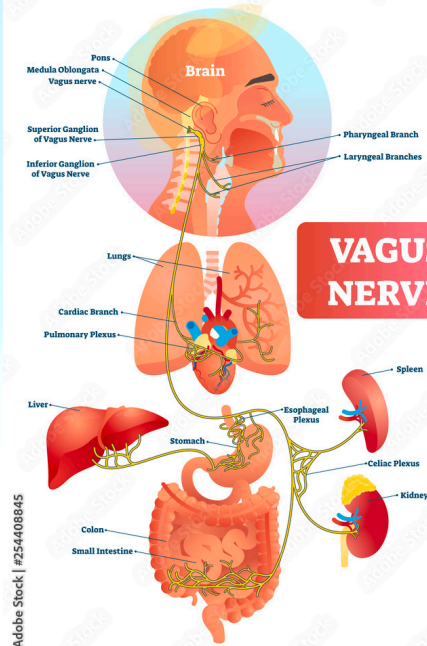
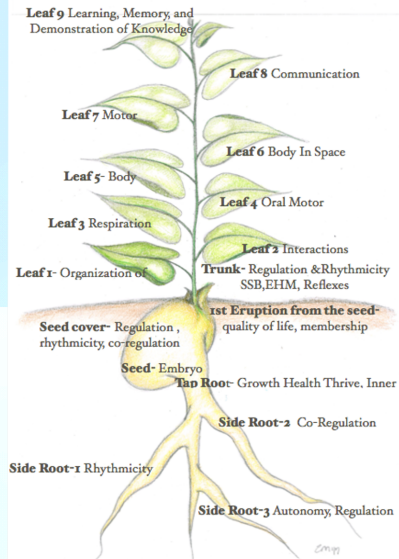
### The Vestibulocochlear Nerves - VIII

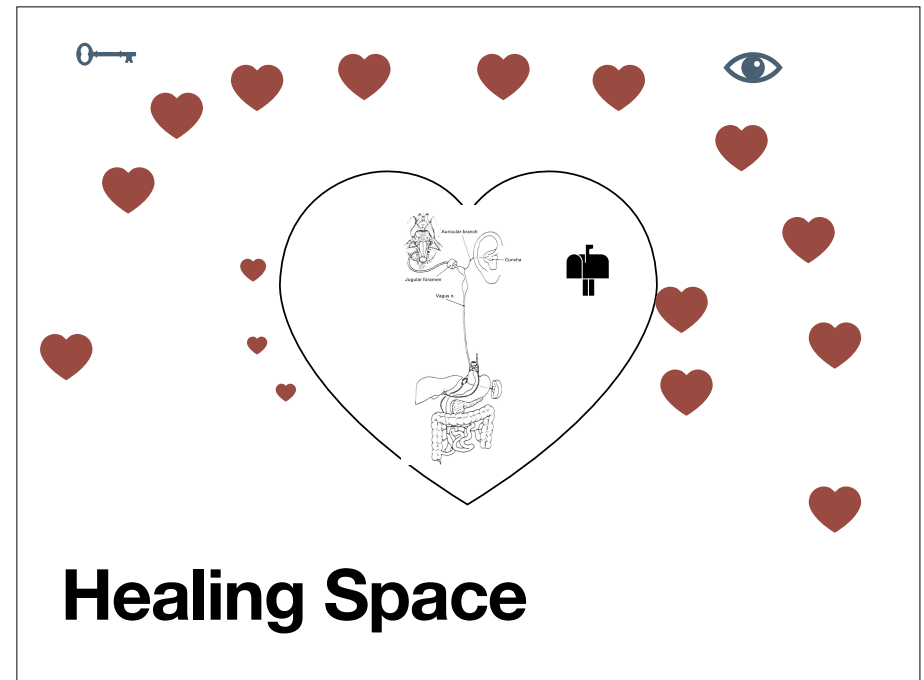
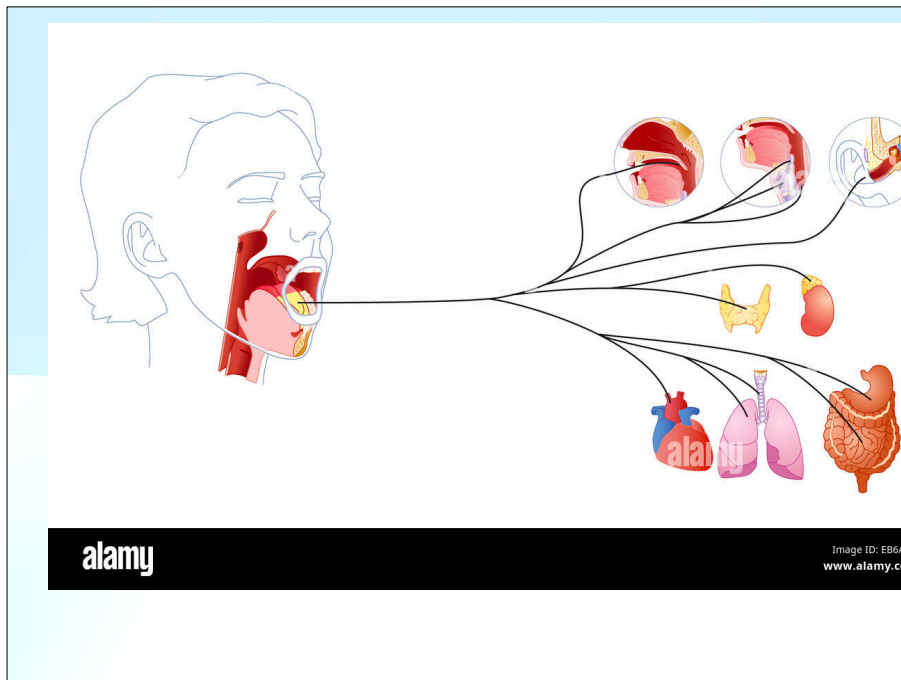


### FETAL AND NEONATAL MOTOR BEHAVIOR



### Aim Model



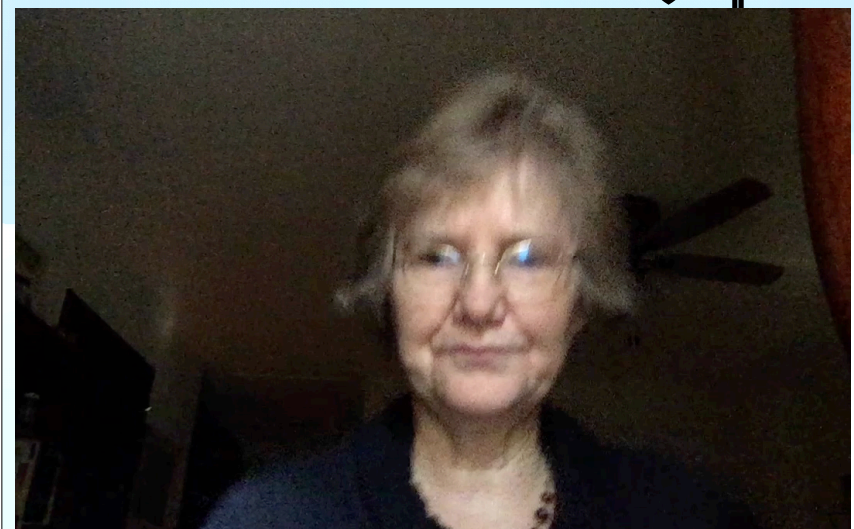


## Treating the Vagus Nerve

Connect to your heart  
Place in the heart and mailbox  
Place in spirit of love and healing  
Be present with what your senses tell you  
Imagine

## Lab 3. Heart as a Healer-Imagine

a. Put Vagus nerve in your heart. Imagine the path way





Mom was taught to treat

### **Vagus Nerve**

Affect

Play

Tatums

Adaptability

Sleep

### **Bodie's Changes with Mom's Home Program**

Bodie was eating chicken nuggets, Doritos, lucky charms and only drinking white grape juice/water mixed.

- Now Bodie is eating bacon, yogurt, bananas, slim Jim's, several different cereals.

- Bodie has never allowed anything on his head. No hat, beanies, headphones, mask.

- Bodie wore a hoodie and kept the hood on for on an hour and never once bothered it.

- When frustrated or extremely tired Bodie would head-bang, slap himself, kick and throw anything.

- Now Bodie will run off to his spot and cry for a second and then comes running back ready to play.

- Bodie only had a few words Momma, dada, pop,

- Now Bodie can say his colors, ABCs, numbers 1-10. Please, thank you, I do it, stop, up, and so many more.

- Bodie would regularly stop walking, playing, running to rub/squeeze his feet.

- Bodie has not bothered his feet in weeks.



Lab 4. Heart as a Healer- Imagine

b. Cerebellum

Connect to your heart

Place in the heart and mailbox

Place in spirit of love and healing

Be present with what your senses tell you

### **Connect to lower body for power and coordination**

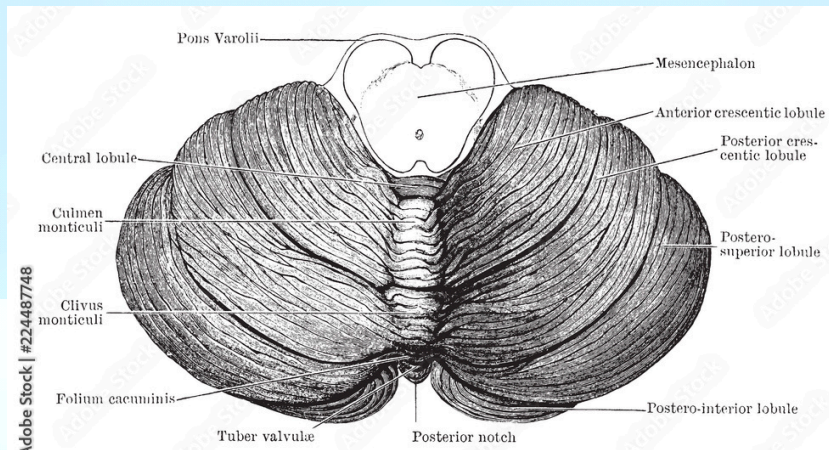
He took a nap in the car on the way home,  
which never happens this time of day.

He is usually too wired.

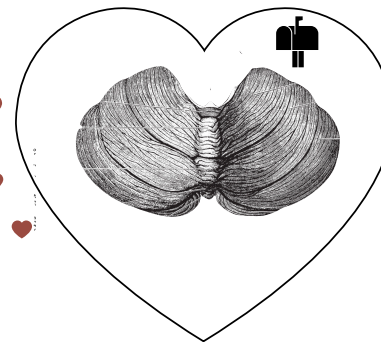
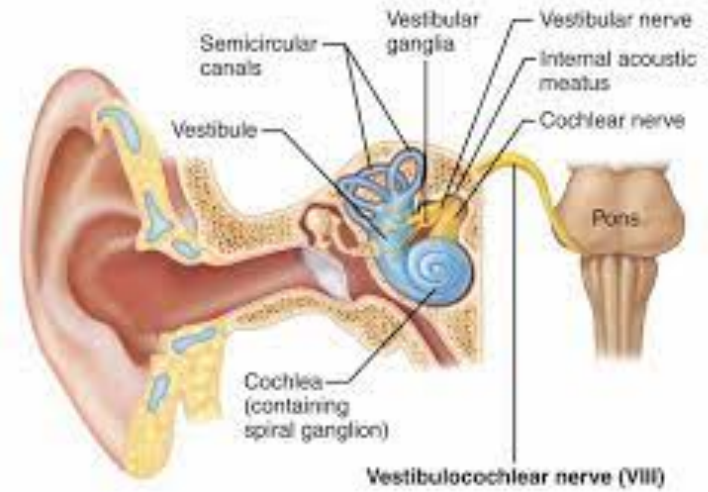
I asked him what he wanted to eat and usually  
he is very closed minded.

Today he wanted to try something new and  
when I gave him what he asked for he started  
break dancing with moves he has never done.  
He spun around on his feet with bent knees  
not using hands.

He also wanted to watch a new show while  
he ate lunch which he never does.



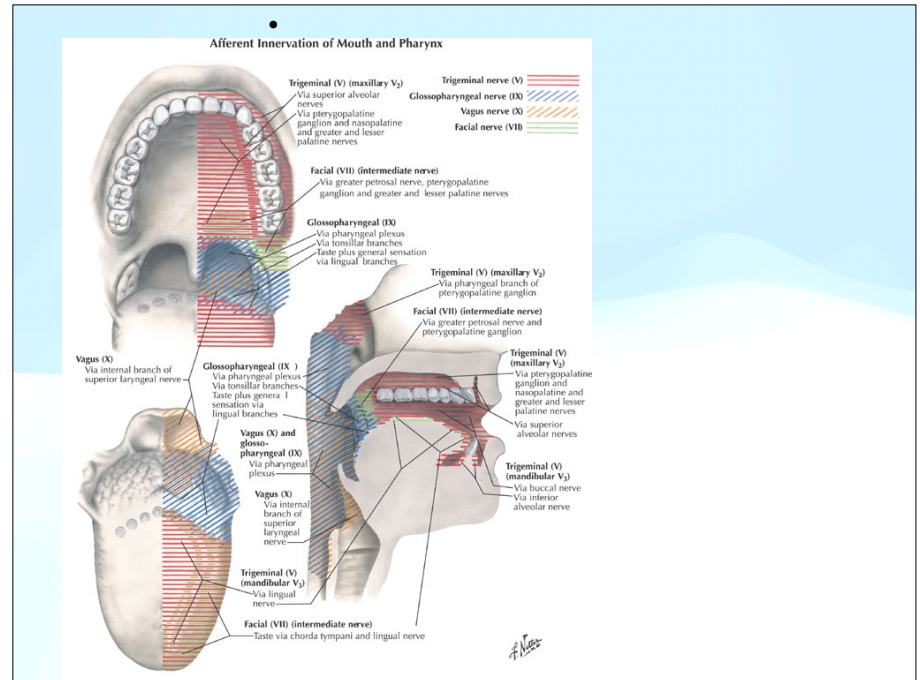
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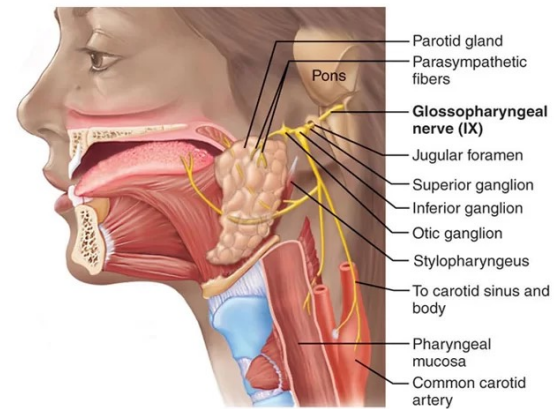
Healing Space



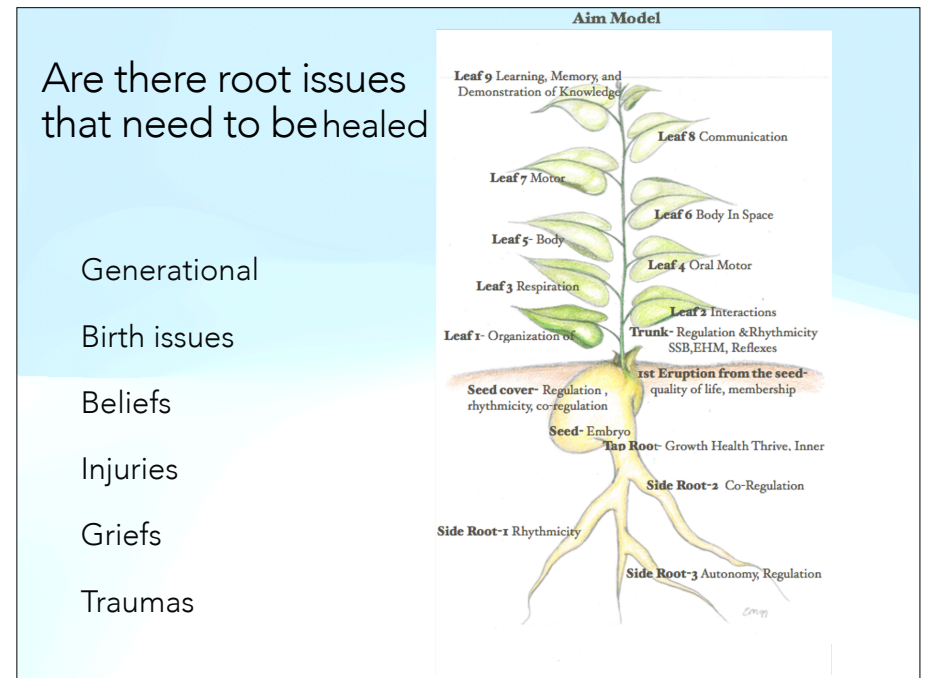
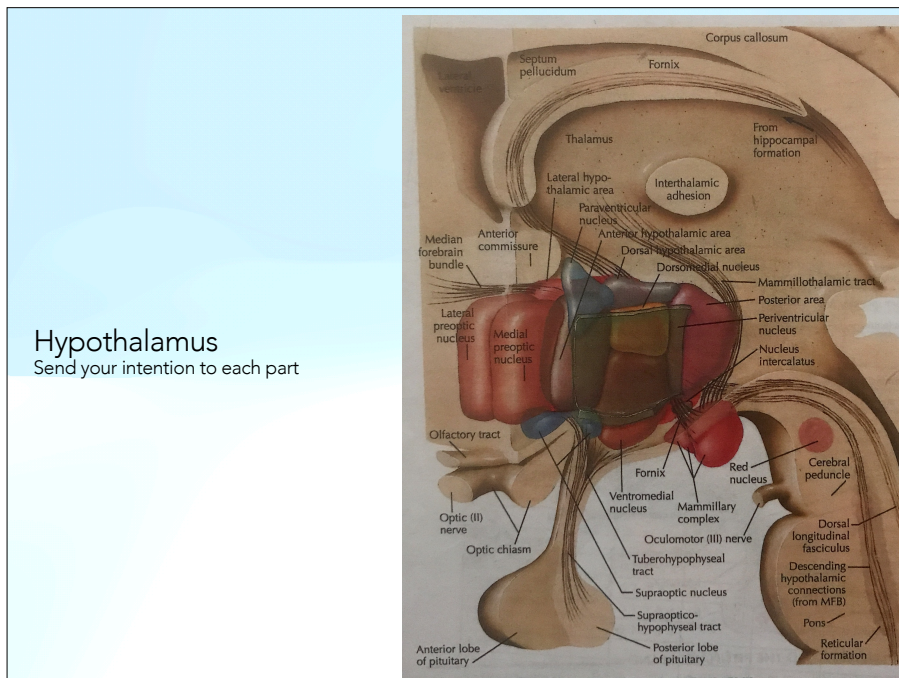
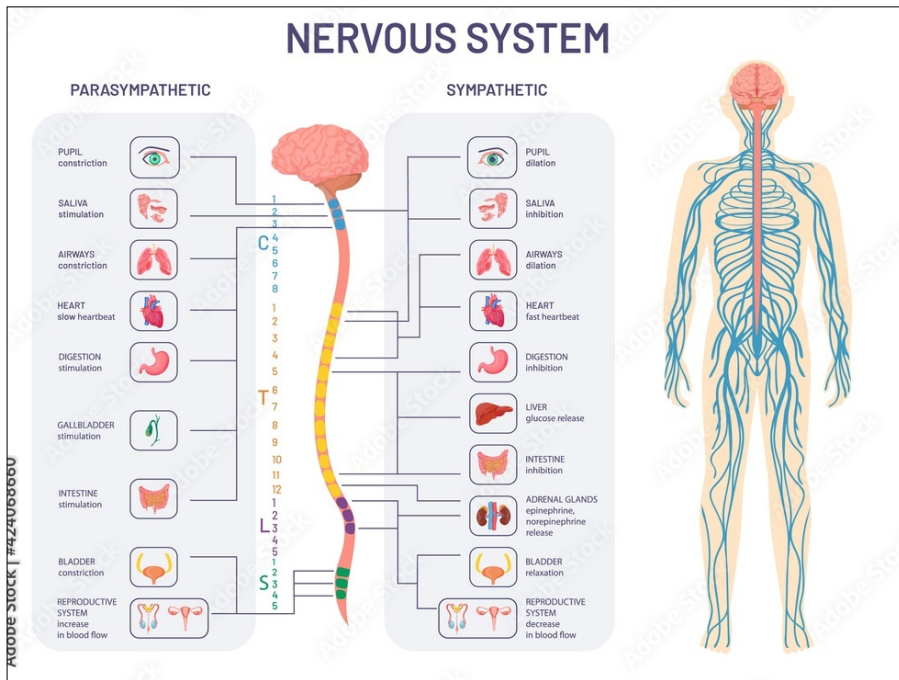
## LAB Cerebellum And CN 8



## The Glossopharyngeal Nerves -IX



Healing Space





Make sure you test  
positive for FAITH, keep  
distance from DOUBT,  
and isolate from Fear.  
Trust God through it all.

# The End

